

The IE University is one of the most successful universities in Europe and I would like to study Master in Strategic Interior Design at this university. Considering the program and its study plan and my enthusiasm for the impact of the built environment on sustainability, mental health, and well-being, this is the best opportunity for me to gain experience.

Spain is a lovely country and I want to live there. It is one of the friendliest countries in Europe, and also its beautiful and historical places are one of the first things that come to mind.

I am a graduate in master of Architectural Design at University of Guilan, Rasht, Iran. My enthusiast for the effect of housing environment and quality on mental health, well-being, and human behavior leaned me toward a research project under supervision of Prof. Karimi Azeri titled "*Residential complex design based on principles of social housing to promote the mental health of residents*", and an article called "*The relationship between housing and neighborhood quality and mental health: A mixed-methods literature review*" which I am now waiting for the results. Throughout my research, I studied many articles about the relationship between environmental, and non-environmental factors, and residents' mental health especially low-income individuals, and I have found out which of these factors are more effective, and healthful. Moreover, how design social houses for occupants could improve their mental health, and well-being by providing their specific needs.

I would be honoured to be a part of Master in Strategic Interior Design. Considering my educational background, capabilities, this master's program, and its purpose I might be the best candidate for this position.